## **NEW TALAVAN**

April 2024 Monthly Newsletter



#### In this issue:

- April Festival Dates
- Bake Sale on Sundays
- Appearance Day Schedule
- New Talavan Contacts



### Welcome to our New Newsletter!

The purpose of our newsletter is to provide New Talavan temple information to our donors and devotee audience. Here you will find special Appearance Days, Fasting Days, Disappearance Days, Upcoming Festivals, Sunday Feasts, Plays, Special Programs, etc. Would you like to see special content in this newsletter? Email Kalavati.jps@gmail.com to submit your requests!

#### Festival Dates for April

April 2nd—Appearance of Srivasa Thakura April 4th—Papamocani Ekadasi April 5th—Disappearance of Govinda Ghosa April 12th—Appearance of Ramanujacarya April 16th—Appearance of Lord Ramacandra April 19th—Kamada Ekadasi April 23rd—Balarama Rasayatra & Appearance of

#### Bake Sale Every Sunday Feast!

Vamsivadana Thakura & Syamanda Prabhu

April 30th—Disappearance of Abhirama Thakura

Our Mother Karunavati Padma will be selling donuts, brownies, cheesecake, and other delicious prasadam treats during our Sunday Feast Program! Please check out these goodies

"The test of our actual dedication and sincerity to serve the Spiritual Master will be in this mutual cooperative spirit to push on this Movement and not make factions and deviate"

Quote from Srila Prabhupada



#### Lord Ramacandra's Appearance Day Schedule for April 16th:

6:00pm Evening Arati

6:30pm Class

7:30pm Prasadam Feast

**CONTACTS FOR NEW TALAVANA FARM** 

Temple President—Yogendra das (601) 916-2224 Vice-President—Kalavati dasi (601) 916-0841 Treasurer—Danakeli dasi (810) 391-6820 New Temple—Dr. Jagdish Somani (828) 403-1885 Kitchen—Mahalaxmi dasi (601) 916-3644 Garden—Dwibhuja das (601) 799-3644 Cows—Jayanti dasi (601) 799-7669 Security—Bushaya das (601) 337-2023

#### Questions? Comments?

Would you like to perform devotional service at **ISKCON New** Talavan? Please contact Kalavati dd at 601.916.0841 or Kalavati.jps@gmail.com.



# **NEW TALAVAN**

# ISKCON New Talavan

#### April Ekadasi Dates: April 4th & 19th

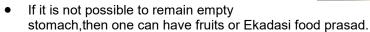
Ekadasi is considered as an important day for Vaishnavas. This day comes twice in a Lunar month, in the dark fortnight and in the bright fortnight. One the day of Ekadashi, it is recommended to not eat or drink anything for the entire day. According to scriptures, It is said that sin resides in food grains on Ekadasi. So, one should abstain oneself from grains and lentils on this day.



Vaishnavas fast on Ekadasi for the pleasure of Lord Krishna.

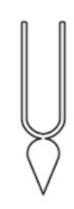
#### How to do Ekadasi fast?

- Wake up early and take a shower. Stay calm and relax your mind and body.
- Do not eat grains and lentils.
- Give maximum time for spiritual activities like chanting the Holy Name, reading and hearing about the glories of The Lord.

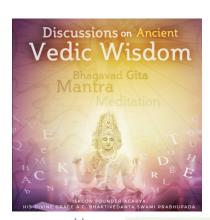


- If have unintentionally missed Ekadashi, you can also fast on the next day of Ekadashi and discontinue fast on the third day. To avoid such mistakes, stay updated with Ekadashi calendar always.
- Do not sleep in the daytime and also avoid shaving and oil massage this day.
- If you don't fast on Ekadashi, avoid having a meal more than one time in a day. It is recommended to not to have a meal after midday during Ekadashi.
- Always make sure to break the fast during the Paran Time.
- Also, avoid having heavy food initially as your stomach was empty during fasting and it might pain your stomach to eat heavy food all of sudden. Make sure to start a day with fresh fruit juices or light food.

Also, make sure to not overeat a day before fasting as it might become difficult for you to stay empty stomach on the day of fasting sunset.



TALAVAI



Discussions of Ancient Vedic Wisdom

Class at 7:30am Everyday in the Temple Room

